

## Week beginning May 11th

### 16S – Margaret McCrudden / Aedin O’Neill

Just as time goes on this social story explaining lockdown may be helpful.

<http://www.speakingspace.co.uk/wp-content/uploads/2020/03/Coronavirus-lockdown-social-story.pdf>

As always in an effort to look after our mental health keep moving, it has been a few weeks since we visited Joe Wicks so why not try him some day this week.

<https://www.youtube.com/watch?v=BYnBVF3DZw>

Arts & Crafts – as part of your daily exercise, take a walk outside and look at the lovely colours, then use your crayons or paints to create some of the lovely flowers you saw when out for our exercise.

Enjoy afternoon tea this bank holiday weekend, with help from your parents what about some scones, you could make the juice while they put the scones in the oven!

<https://www.bbcgoodfood.com/recipes/raspberry-coconut-scones>