

Lockdown Activities

Activity One

Create a list of things you are grateful for during lockdown. Write them onto a piece of paper and put inside jar.

Activity Two

What things do you look forward to doing when lockdown is over? This can be done with the whole family. Write down all your ideas and then plan future days out.

Activity Three

Put all your thoughts into the Jam Jars and you can look at them for years to come.

