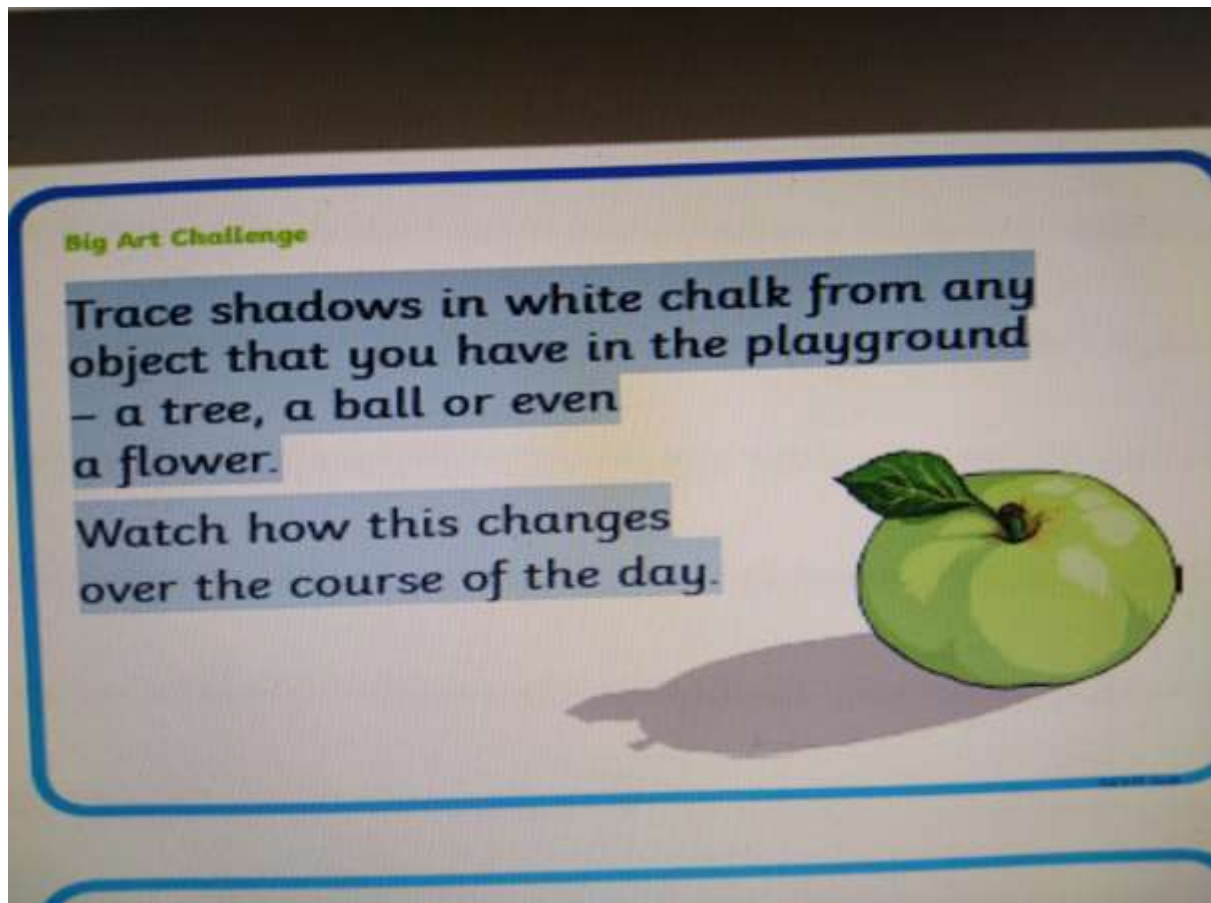


Week beginning June 22nd

16S - Margaret McCrudden / Aedin O'Neill

Arts & Crafts



Remember during the summer, as part of your daily exercise, take a walk outside and look at the lovely colours, then use your crayons or paints to create some of the lovely flowers you saw when out for our exercise.

PE

As always in an effort to look after our mental health keep moving, it has been a few weeks since we visited Joe Wicks so why not try his class one day during the summer. https://www.youtube.com/watch?v=Y_SYhZ269HE

Cookery

You have lots of time to help at home both cooking and cleaning. Below are a few recipes to try and enjoy over the summer break.

Rainbow fruit skewers -

<https://www.bbcgoodfood.com/recipes/rainbow-fruit-skewers>



Frozen Bannana Lollies -

<https://www.bbcgoodfood.com/recipes/frozen-banana-lollies>



Rocky Road -

<https://www.bbcgoodfood.com/recipes/rocky-road>

We look forward to seeing you in September and those moving on, we will miss but look forward to hearing about how you are getting on in your new placement.