

Interview Practice

Over the past couple of weeks, you have been working on interview type questions.



Take the time to read through your answers.

Things to remember.....

1. **Positivity and enthusiasm** - be polite and professional before during and after the interview. If you're feeling particularly nervous, breath slowly and try to remind yourself you are talking about the good things about yourself. During the interview, respond to questions with positive statements, be enthusiastic about the job.
2. **Body language** - give a firm handshake to your interviewer(s) before and after the session. Once you're seated, sit naturally without slouching in your chair or leaning on the desk. Throughout the interview, remember to smile frequently and retain eye contact.
3. **Clarity** - answer all questions clearly and concisely, evidencing your most relevant skills, experiences and achievements. It's perfectly acceptable to pause before answering a difficult question to give yourself thinking time, or asking for clarification if you're unsure what a question means. When answering, don't speak too quickly.

Prepare for the interview

- Practice reading through your answers
- Try to read your answers without looking at them

- Ask a parent or carer to read the question and try to answer individual questions

Record your interview practice and review/discuss

(you might want to practice dressing up for your interview, remember presentation is important!)

Interview review

What went well?

How could you improve?

- Did you take enough time to research and write enough to answer the questions?
- Would you practice reading the questions before the interview?
- Did you speak clearly?
- Did you speak too fast?
- Were you able to answer questions without your notes?
- Were there long pauses?
- Did you smile and use eye contact?
- Were you sitting up straight?