

# Citrus Scented Rice

## Sensory Recipe

### Lemon

#### You will need:

- 2 cups uncooked rice
- 2 tsps juice from a lemon
- 1 tsp lemon zest
- Yellow food colouring
- Ziplock bag
- Tray

### Lime

#### You will need:

- 2 cups uncooked rice
- 2 tsps juice from a lime
- 1 tsp lime zest
- Green food colouring
- Ziplock bag
- Tray

### Orange

#### You will need:

- 2 cups uncooked rice
- 2 tsps juice from an orange
- 1 tsp orange zest
- Orange food colouring
- Ziplock bag
- Tray

## Method

1. Add the rice, your chosen juice, zest and food colouring to the ziplock bag. Close the bag and squeeze the air out.
2. Manipulate the bag, mixing all the ingredients together and spreading the food colouring evenly throughout the rice.
3. Spread the rice out evenly onto the tray and leave to dry, it may need to be left overnight to completely dry.
4. Repeat for all 3 types of scented rice.

